



## Highcliffe School Student Bulletin

Monday 29<sup>th</sup> Oct – Friday 2<sup>nd</sup> Nov 2018: Week B

### General Notices



#### **Christmas Shoebox Appeal**

Please could we all get involved in this year's Shoebox Appeal. We have just under two weeks to get all the boxes in!

Why not make up a box over half term? The leaflet is attached to this bulletin for your information. Thank you!

#### **MR GINGER'S HIIT WORKOUT MONDAYS (HGR)**

Mr Ginger is running a High Intensity Interval Training class for years 10 and 11 only on a Monday after school. This will start on the first Monday after half term (29<sup>th</sup> October) and will take place in the gym. Students of all experiences/abilities welcome. For more information, please see Mr Ginger in the PE office or refer to the posters put up on the PE noticeboard, the boys and girls changing rooms and student support.

#### **Poppy Appeal**

Over the next two weeks, Remembrance Day Poppies are being sold in school – remember to bring in some money to buy yours! Poppies, friendship bracelets, wristbands, snap bands and reflector poppies are available from Student Support for a donation of 50p and £1. Also, poppies will be sold around school at break and lunch.



#### **WORLD CHALLENGE EXPEDITION NEPAL 2019 - Friday 2<sup>nd</sup> - Monday 5<sup>th</sup> November (PES)**

As the expedition to Nepal grows ever closer the team of 11 Year 12 students will be attending a training weekend in the shadow of Tryfan, one of the most iconic mountains in the Snowdonia National Park. Carrying their own kit and camping in the hills may be a new experience for some of the team, but under the expert guidance of World Challenge, it should be the start of an amazing

set of memories. The team will be expected to do 2 training walks on challenging terrain and complete a number of tasks linked to the expedition itinerary in order to make themselves ready to explore the country that is home to Everest!

This is the most important page in your planner (from the point of view of literacy anyway!): **P95**

Here you will find useful discourse markers and connectives. Refer to these if you're doing any extended writing in any subject! Have it in front of you when doing an extended writing. It will help develop your writing – and your critical thinking skills.

# STE(A)M

➤ SCIENCE TECHNOLOGY ENGINEERING (ART) MATHS

## **WORK EXPERIENCE OPPORTUNITY – ADVANCED COMPOSITES**

➤ NATIONAL COMPOSITES CENTRE, BRISTOL AND BATH SCIENCE PARK, BS16 7FS

➤ A WEEK OF ENGINEERING WORK EXPERIENCE IN 2019 MOST SUITED TO Y10 AND Y11 STUDENTS.

➤ ADVERTISED ON THEIR WEBSITE & DETAILS ON SCHOOL WEBSITE

➤ APPLICATION PROCESS CLOSING DATE - MONDAY 31ST DECEMBER 2018.

# Oxford & Cambridge



University Information Seminar

Thursday 22nd November 2018



5:30 - 6:30



PE Notices

FIXTURES/PRACTICES 29 <sup>th</sup> October -2 <sup>nd</sup> November		
	LUNCHTIME (1.25-1.55pm)	AFTER SCHOOL (3.05-4.10pm)
Monday	Year 9 Basketball Club (NJS)	
Tuesday	Year 10 & 11 Basketball Club	Year 9 Football v BCS (A) (NJS) Year 7 & 8 Netball v Twynham (H) (HWH) All Years Table Tennis Club Year 7 Handball Club (JME)
Wednesday	Year 7 Basketball Club	Year 7 Football v BCS (H) (SHM) Year 8 Football v BCS (A) (JSS/KWT) Year 12/13 Football v Arnewood (A) (SHM) Year 7-11 Netball Club (MWR & HWH)
Thursday	Year 8 Basketball Club (NJS)	Year 9 Rugby v All Saints (A) (SHM) Leave 1.30pm Year 9 & 10 Trampolining Club (LSN)

Music Notices



## Year 10 and 11 Music Theory Breakfast Club 8.30am-9am EX5

### Sign-up sheets for all music clubs in Ex2

Day	Lunch	After school
Monday	<b>Percussion club</b> Ex3 All years welcome	<b>Year 10/11 Coursework rehearsals</b> - all rooms available, including practice rooms
Tuesday	<b>Highcliffe Choir and choir band</b> Ex2 All years welcome	<b>Concert band</b> Ex3 Grade 3+ on your instrument
Wednesday	<b>Ukulele Club</b> Ex2 All years welcome <b>Guitar Club</b> Ex3 All years welcome	<b>Production rehearsals</b> by audition - Band Ex2 - Chorus/Leads Ex4
Thursday	<b>Music Theory</b> Ex2 All years welcome	<b>Cubase, Sibelius and Composition Support/Boosters</b> - Ex5 All years welcome
Friday	<b>Jamming Club</b> Ex2 All years welcome <b>Folk Band</b> Ex3 All years welcome	

ROTARY  
CLUB OF



Rotary  
DISTRICT  
1110

A present with love from

Please circle who the shoebox is intended for

**BOY** 1-3    4-7    8-11    12-15    **GIRL**



PLEASE STICK THIS LABEL AND YOUR DONATION TO THE TOP OF THE SHOEBOX  
All monies collected will be held in the Trust's general account



Rotary is a worldwide voluntary organisation of business and professional people who are dedicated to "service above self", helping others throughout the world, promoting all that is good in our society and our aim is for peace the world over.

Rotary has no religious or political affiliations.

There are over one million Rotarians in over 32,000 Clubs in 200 countries worldwide.

If you like having fun and helping other people at the same time, why not find out more about Rotary?

Visit: [www.rotary1110.org.uk](http://www.rotary1110.org.uk)

**THANK YOU FOR  
YOUR SUPPORT**



**For disadvantaged children  
in Albania, Montenegro,  
Moldova and Romania**

**DISTRICT 1110  
SHOEBOX SCHEME**

(Rotary District 1110 Trust fund) Reg Charity No 1064463

For more information contact:

LOCAL CONTACT: .....

TELEPHONE: .....

FINAL DATE FOR RECEIPT OF SHOEBOXES: .....

## AGE 1 - 3 YEARS (Boy or girl)

### CONTENTS - choose from:

Small soft toy, picture book, hat, gloves, socks, soap, hairbrush, flannel, toothbrush and toothpaste, plus any other suitable small items.

## AGE 4 - 7 YEARS (Boy or girl)

### CONTENTS - choose from:

Educational book and game, simple jigsaw, ball, lego, crayons and colouring book, hat, gloves, scarf, socks, soap, hairbrush, flannel, toothbrush and toothpaste, toy vehicle, small doll, skipping rope.

## AGE 8 - 11 YEARS (Boy or girl)

### CONTENTS - choose from:

Educational book and game, jigsaw, ball, card game, felt tip pens, pencils, pencil case, drawing book, hat, gloves, scarf, socks, wide toothed comb, soap, flannel, toothbrush and toothpaste, sports item, skipping rope, hair accessories.

## AGE 12 - 15 YEARS (Boy or girl)

### CONTENTS - choose from:

Educational book and game, playing cards, geometry set, pens, pencils and case, pencil sharpener, rubber, writing/drawing book, hat, gloves, scarf, socks, wide toothed comb, soap, flannel, toothbrush and toothpaste, washbag, hair accessories, sports item.

## THINGS TO PUT IN YOUR SHOEBOX

- International Customs require items which must be for education, health and hygiene purposes
- All items must be new or in 'as new' condition

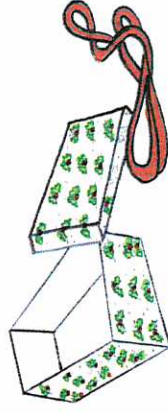
## DO NOT INCLUDE

- Battery powered items
- War related items, Toys, books, guns, knives etc
- Large items of clothing or shoes
- Books of a religious, racial or political nature
- Food of any kind
- Liquids of any kind
- Sweets of any kind
- Medicines
- Large toys
- Sharp items

## THANK YOU FOR YOUR HELP

# HOW TO MAKE UP YOUR SHOEBOX

Please cover your box with wrapping paper, ensuring the lid is separately wrapped for customs' purposes.



- Do not wrap individual items - just place them in your box.
- Use an elastic band to secure the box.
- Include a Christmas card and maybe a letter or photo if you wish.

Stick the reverse side of this panel to the top of your box, ensuring that you have clearly marked the age group and whether it is intended for a boy or girl.

**Please sellotape to the top of the box a donation of £1 towards transportation and administration costs.**

Any surplus will be used for the benefit of disadvantaged children worldwide.

**WE CANNOT ACCEPT BOXES WHICH ARE LARGER THAN:**

**33 x 20 x 15 centimetres  
13 x 8 x 6 inches**